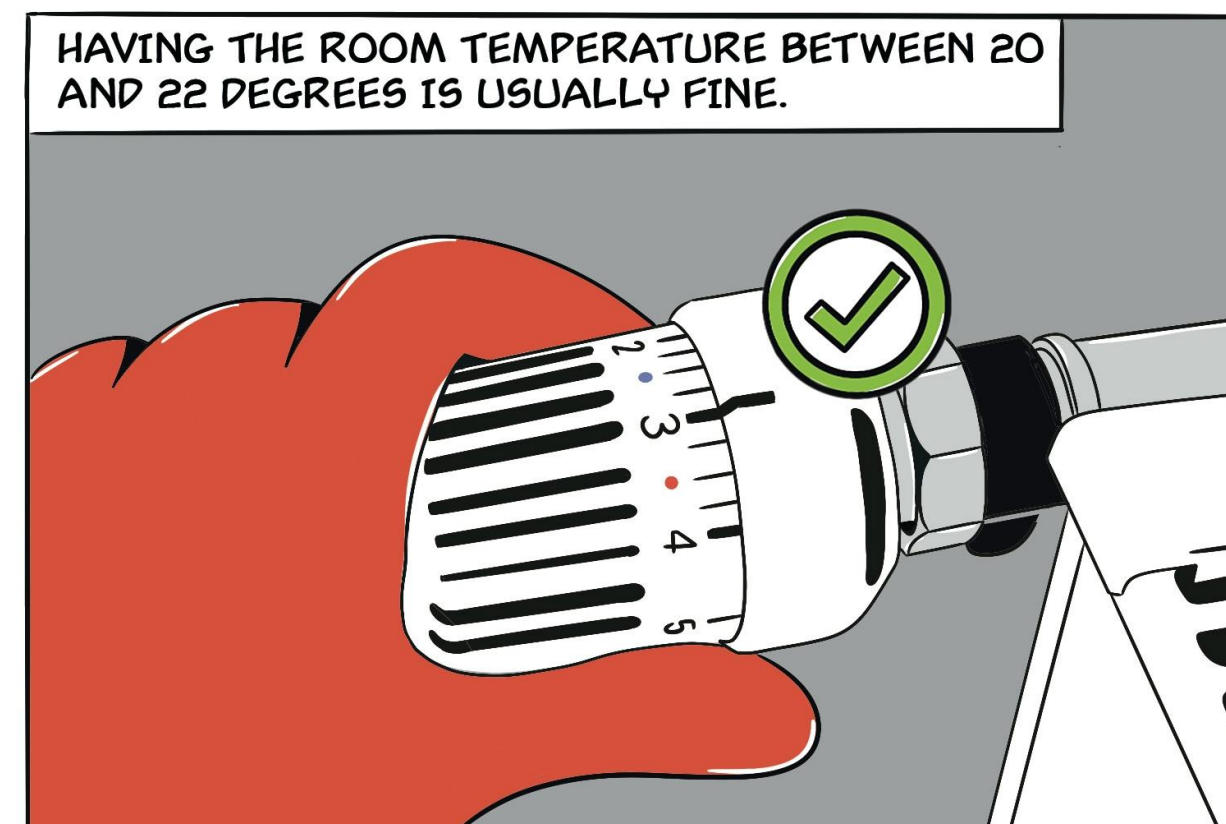
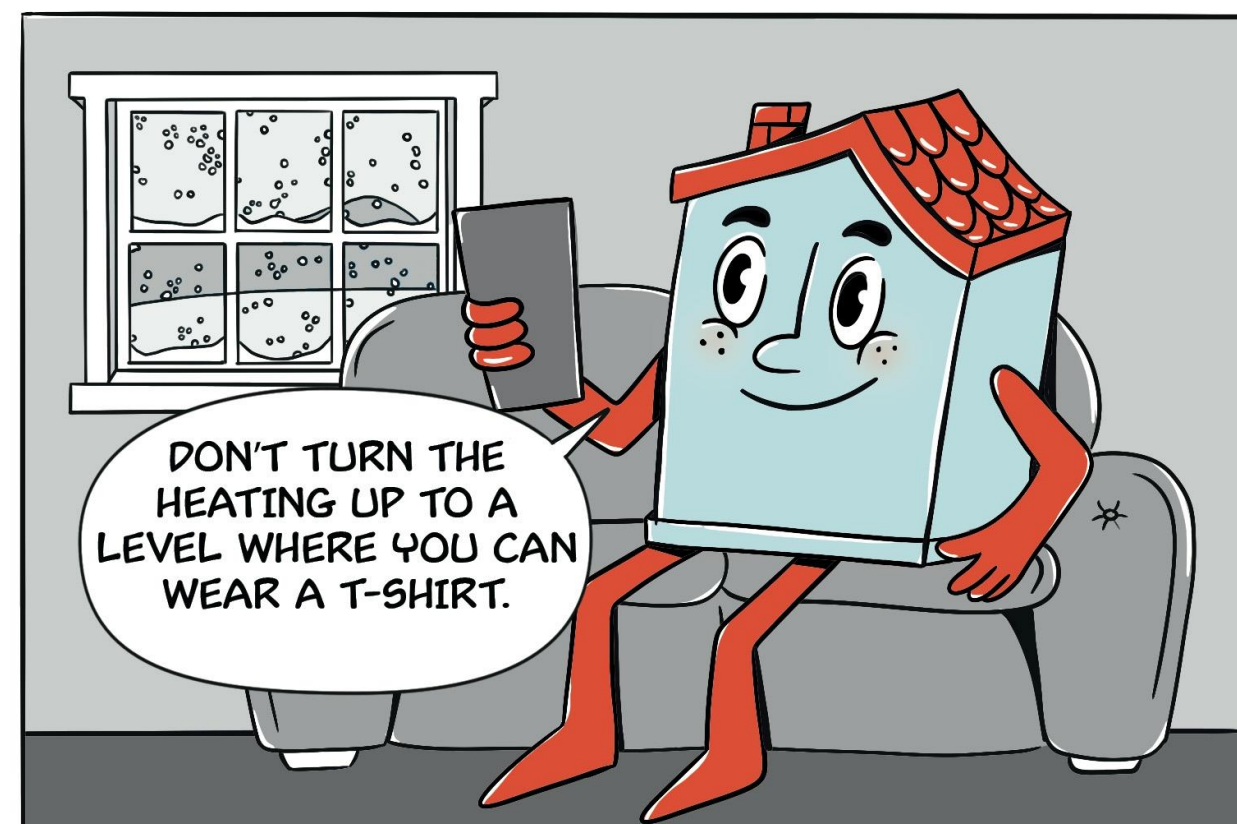


# The top 7 tips for saving energy

Energy is becoming increasingly expensive – that's why it makes more sense than ever to save it. Here are a few valuable tips that will help you save lots of money. And don't worry – we won't be asking you to freeze!

## 1. 20 to 22 degrees is enough





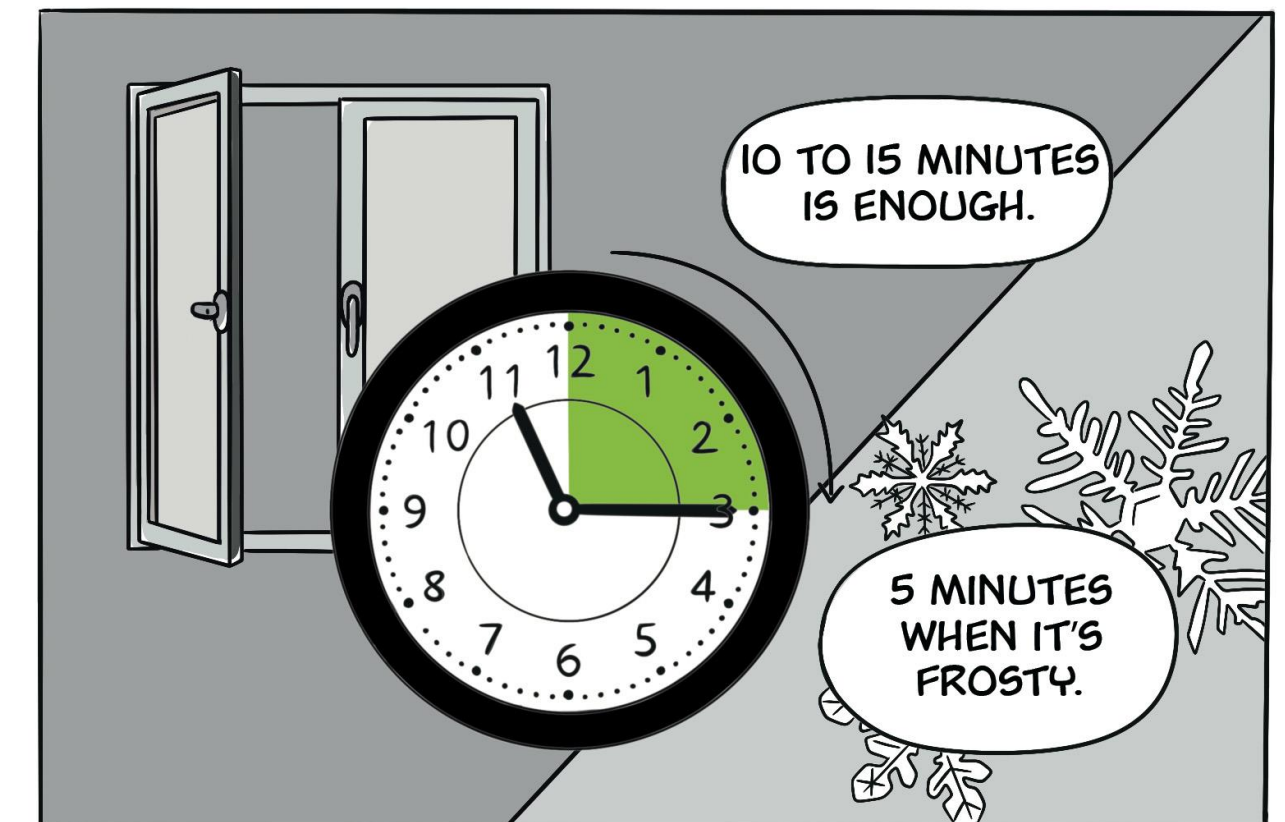
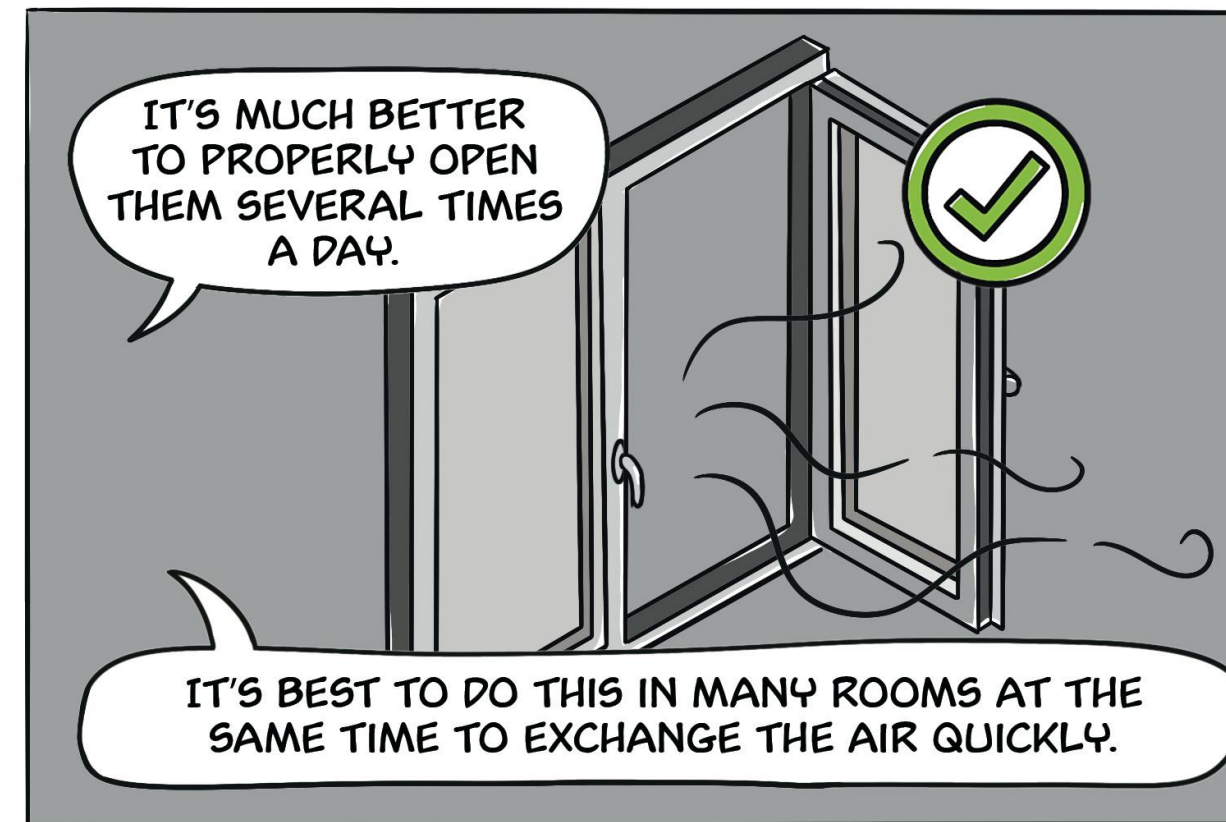
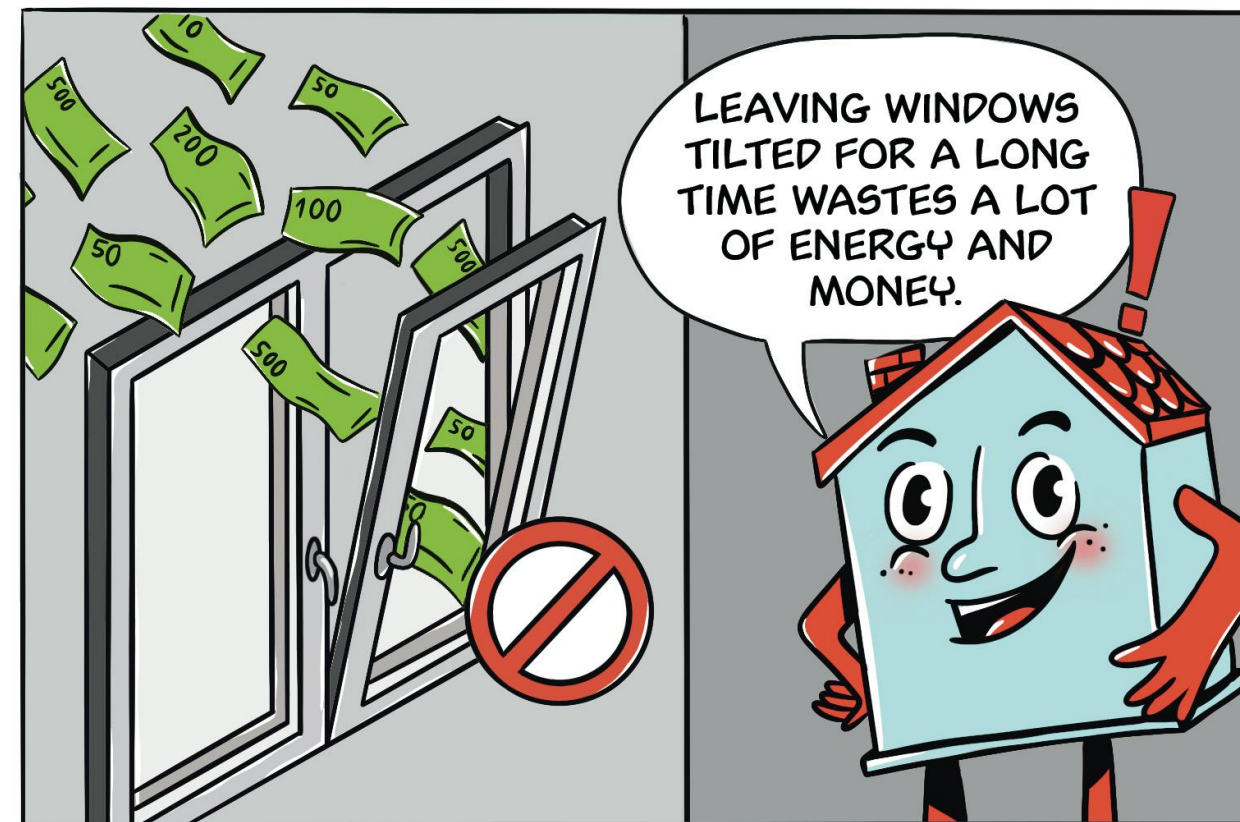


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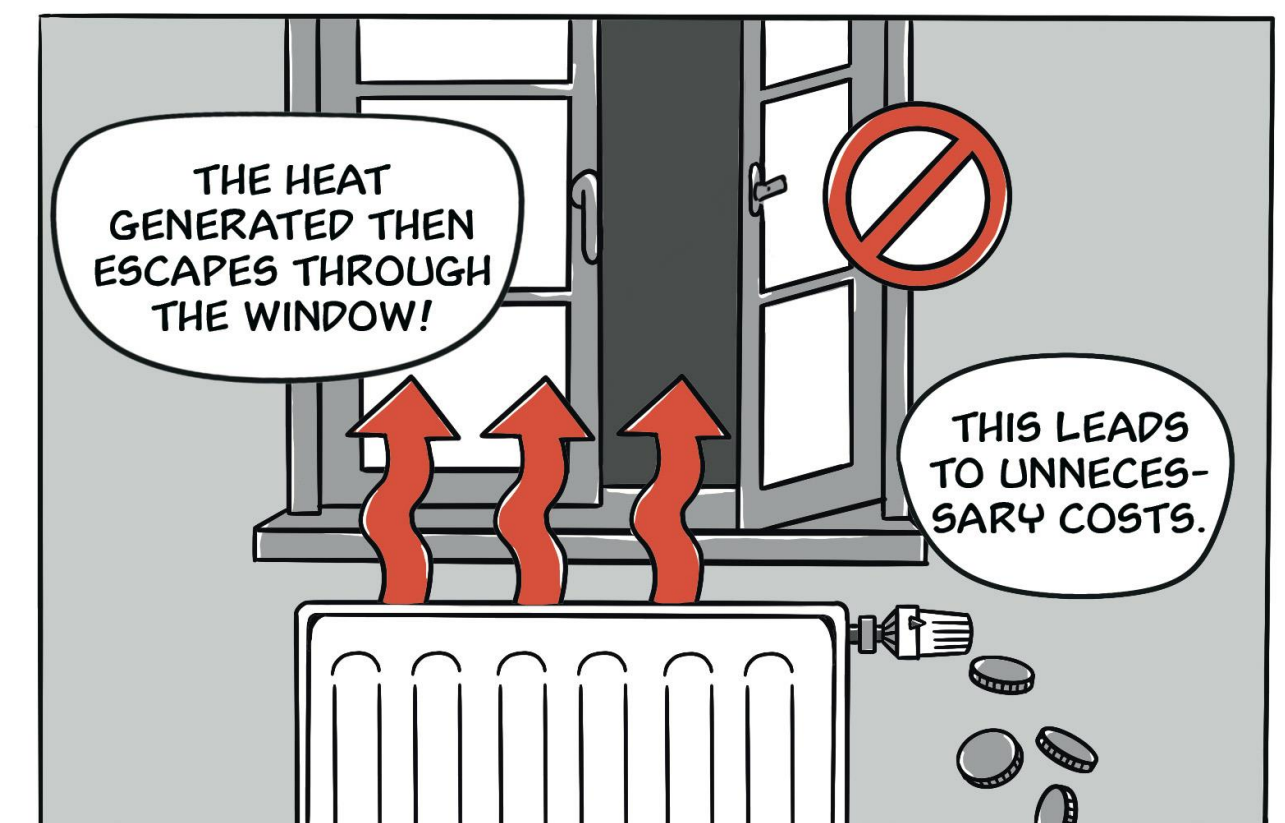
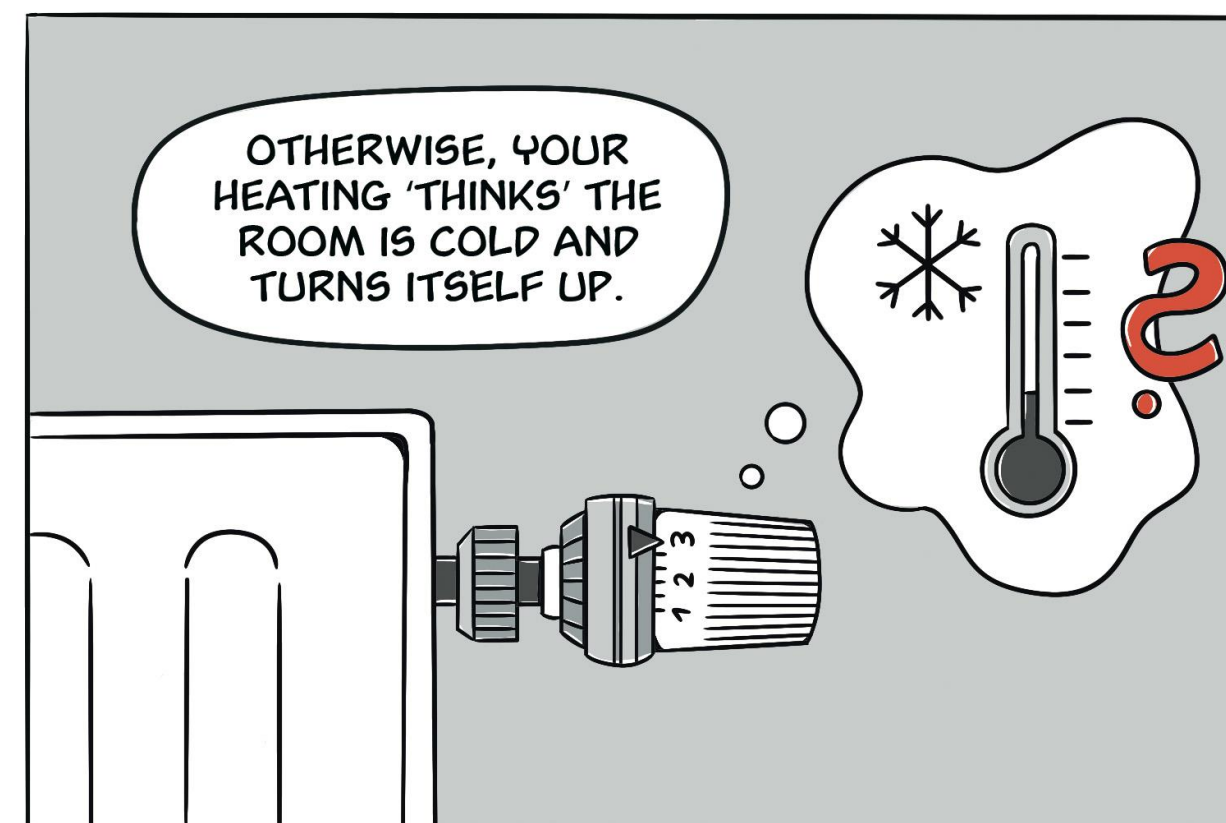
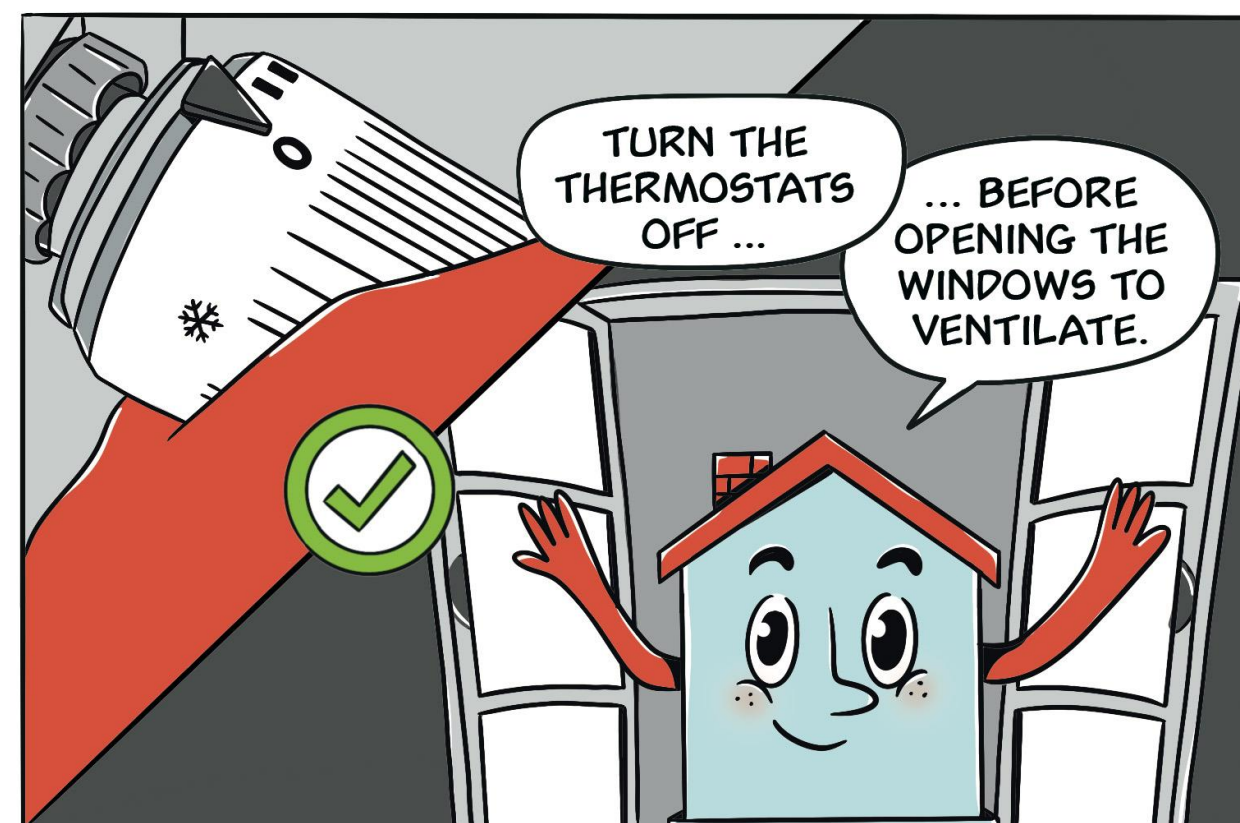


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## 2. Regularly open the windows properly instead of tilting them



## 3. Turn the heating off before ventilating





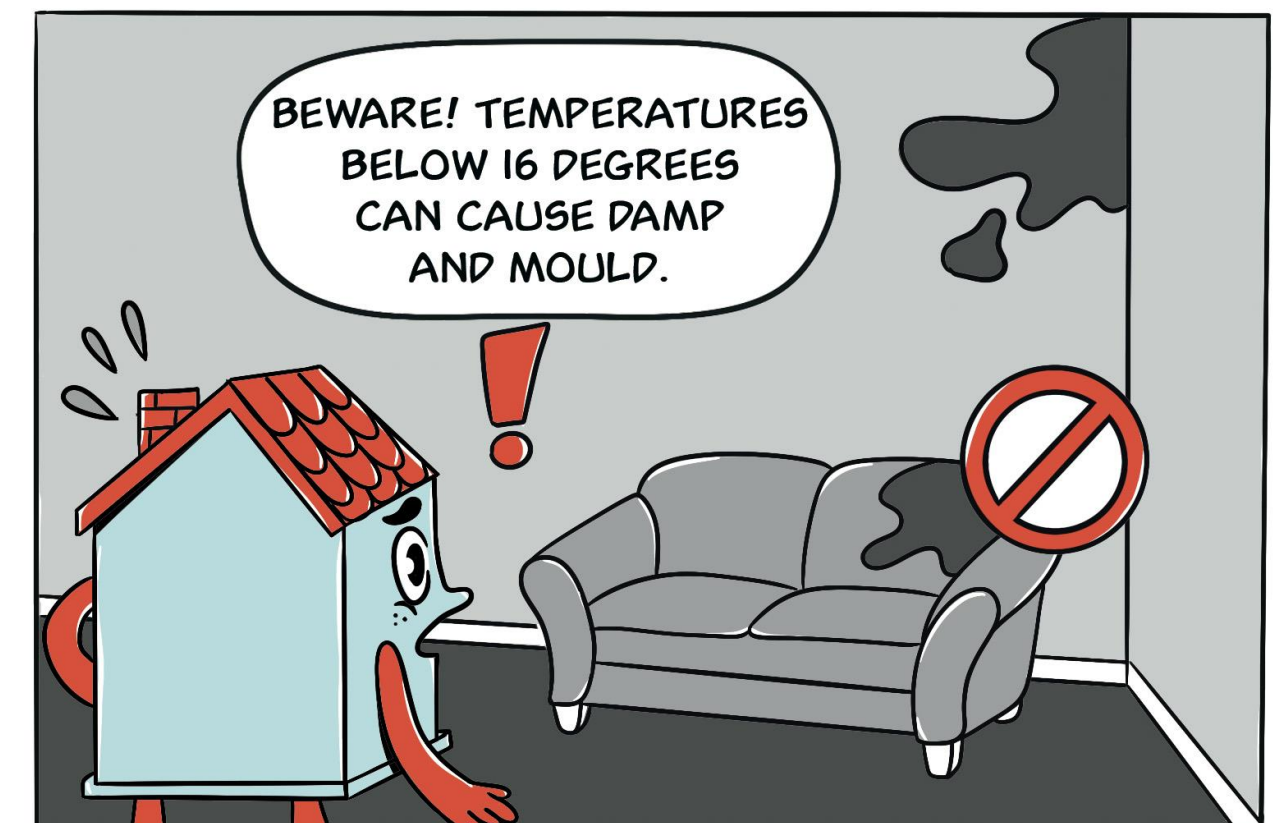
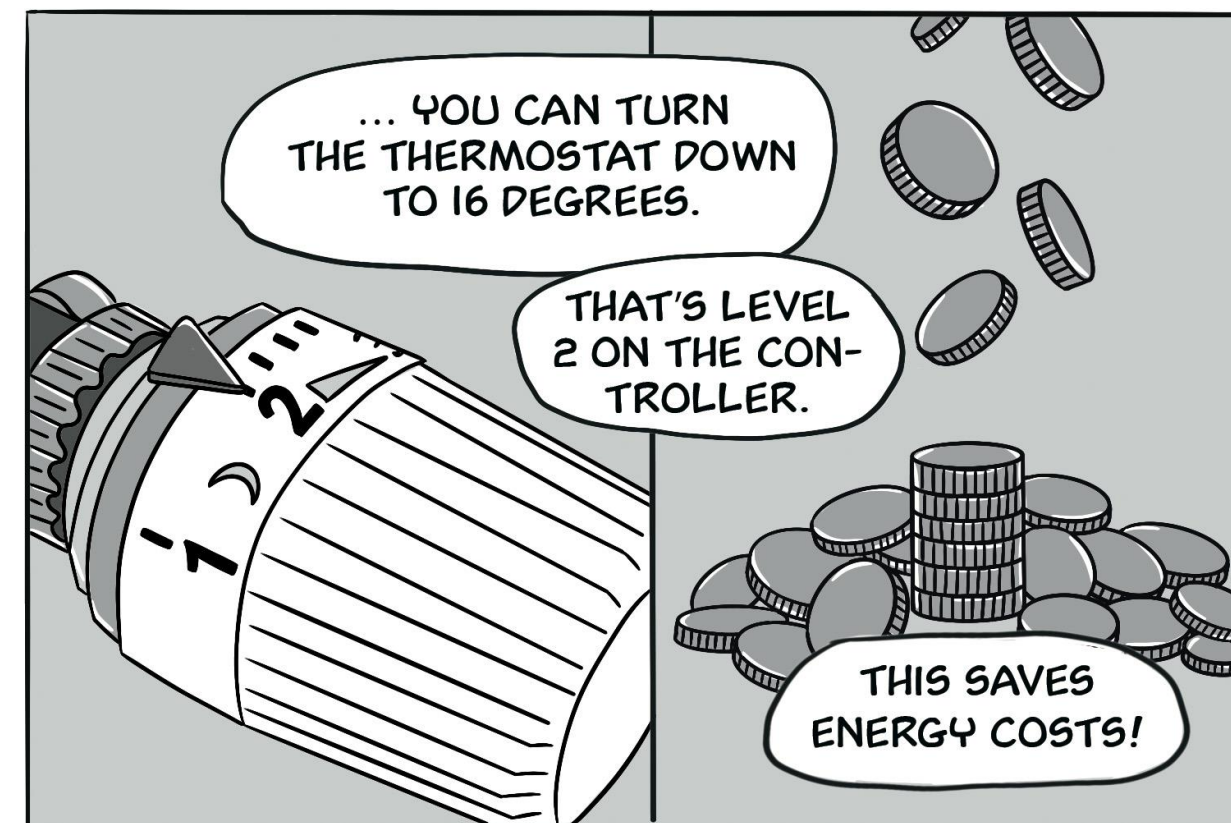
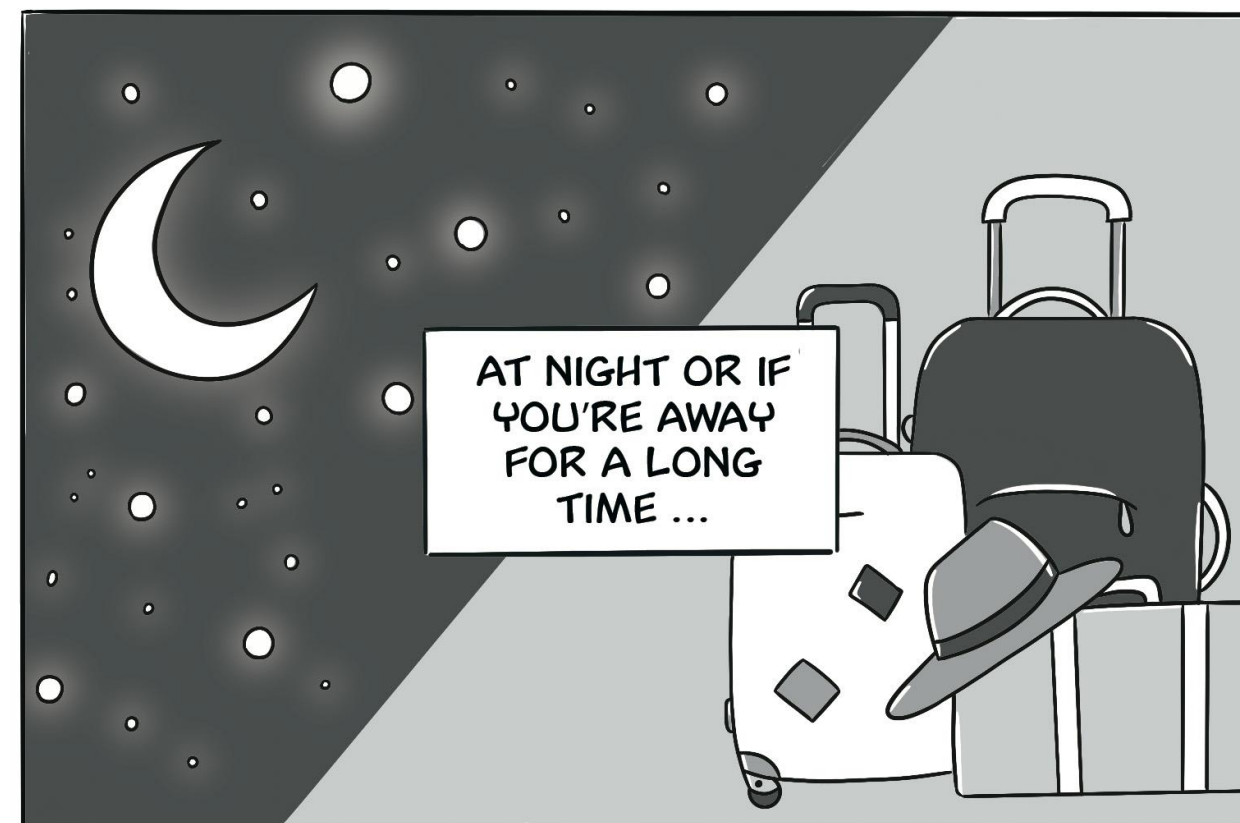


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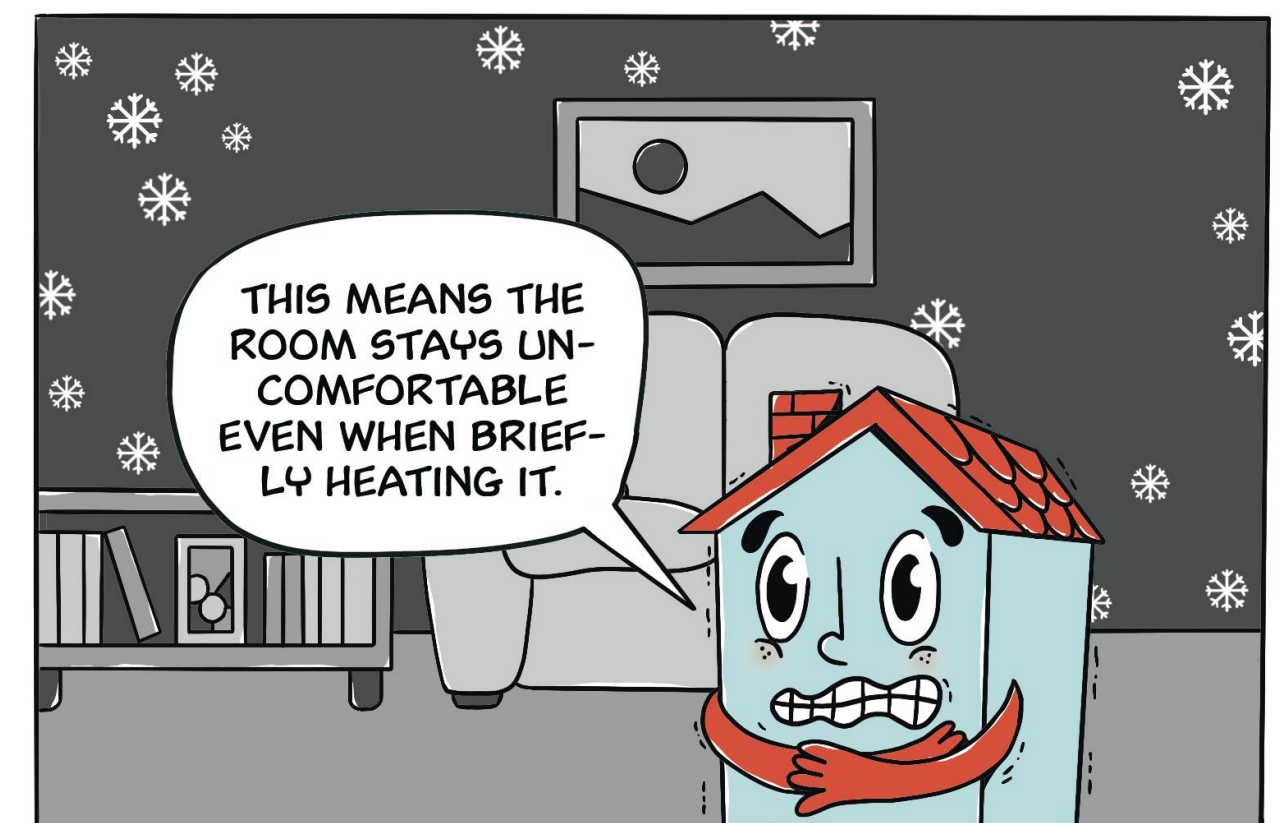
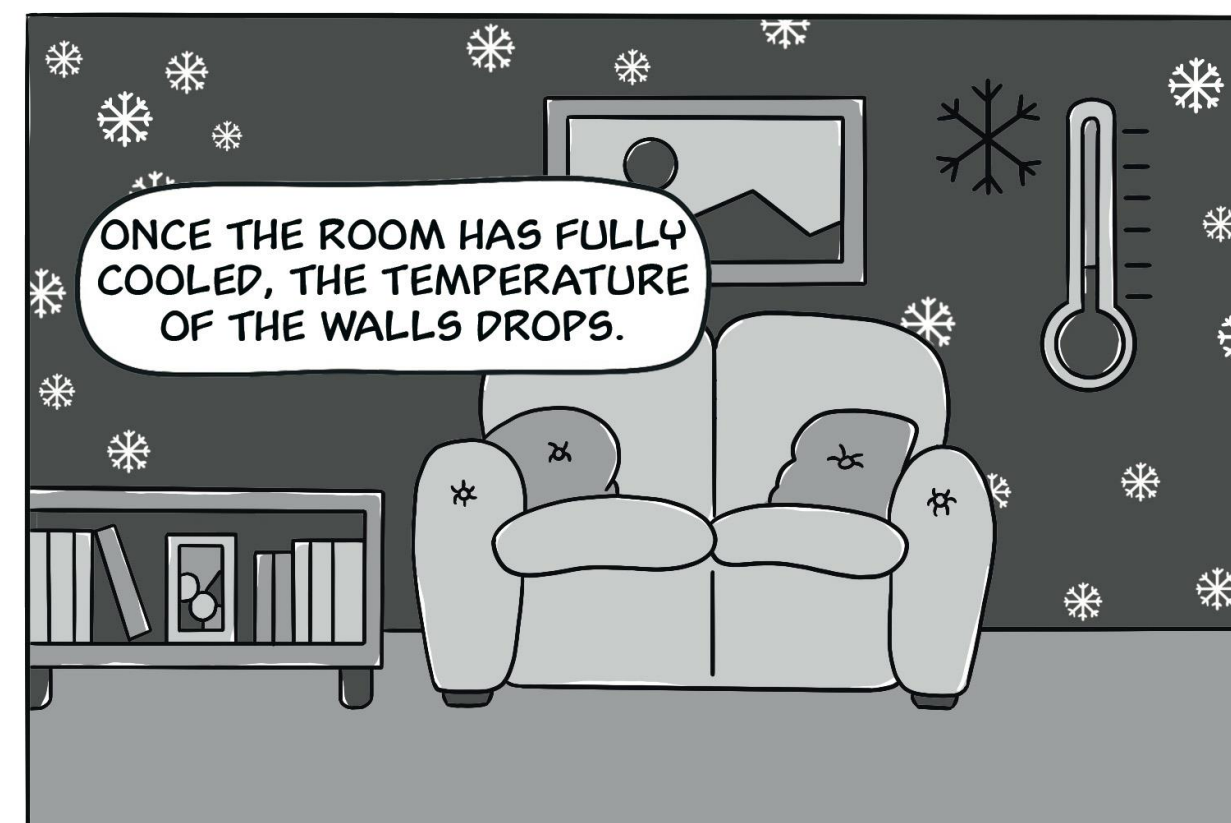
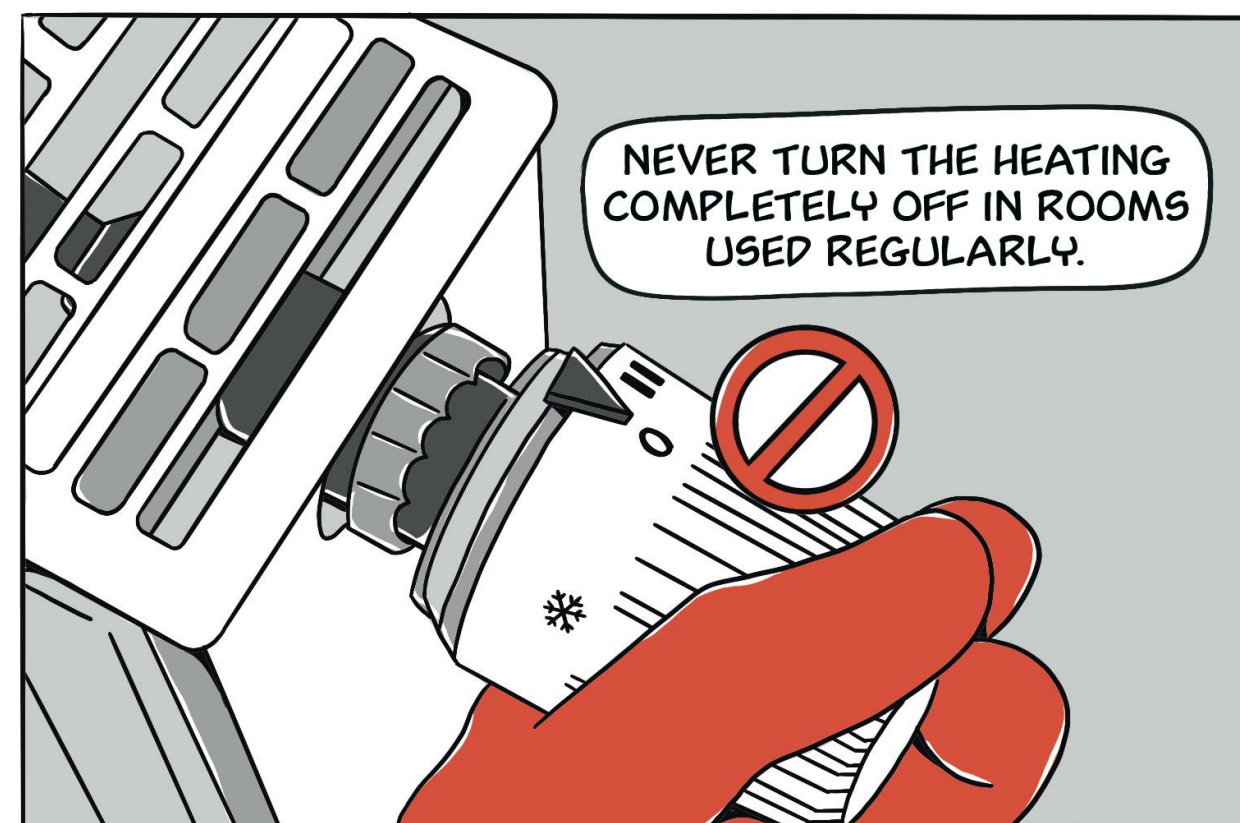


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## 4. Turn the heating down at the right moment

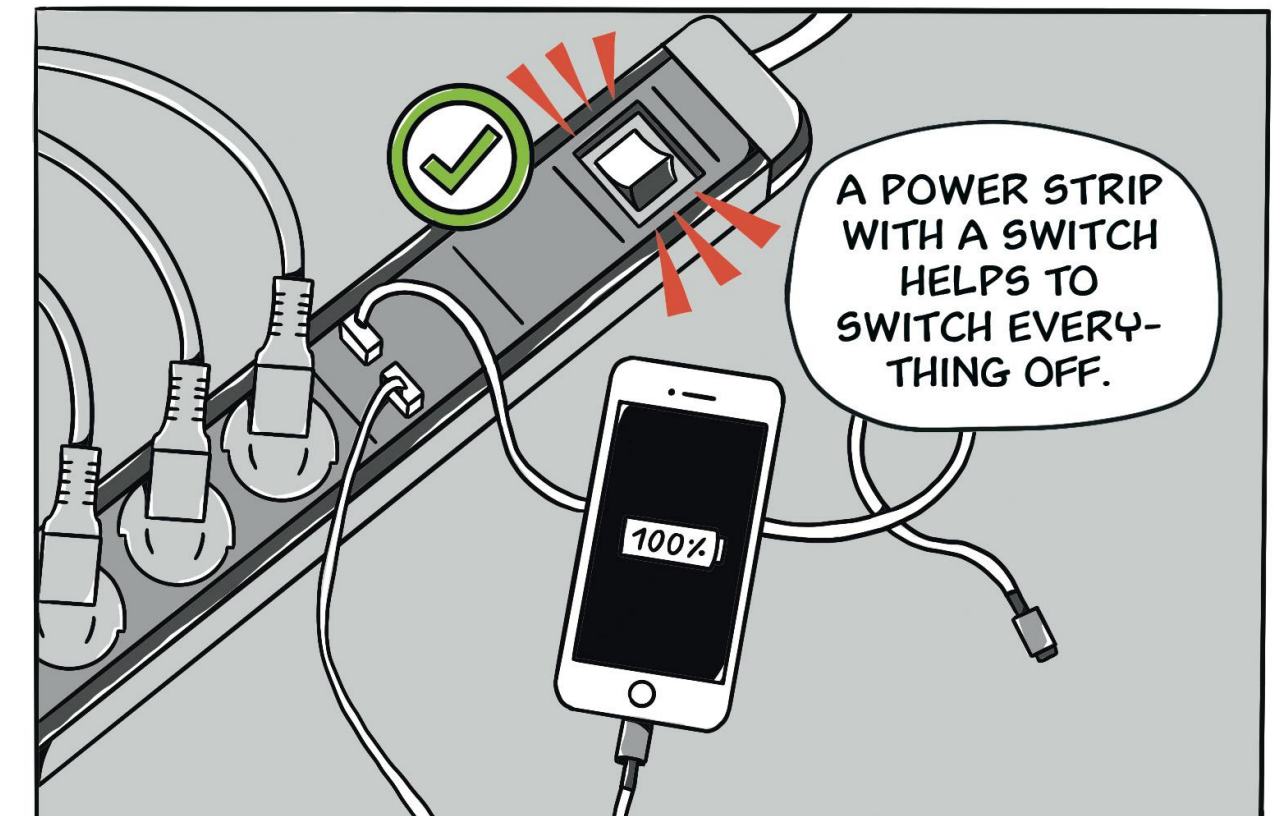
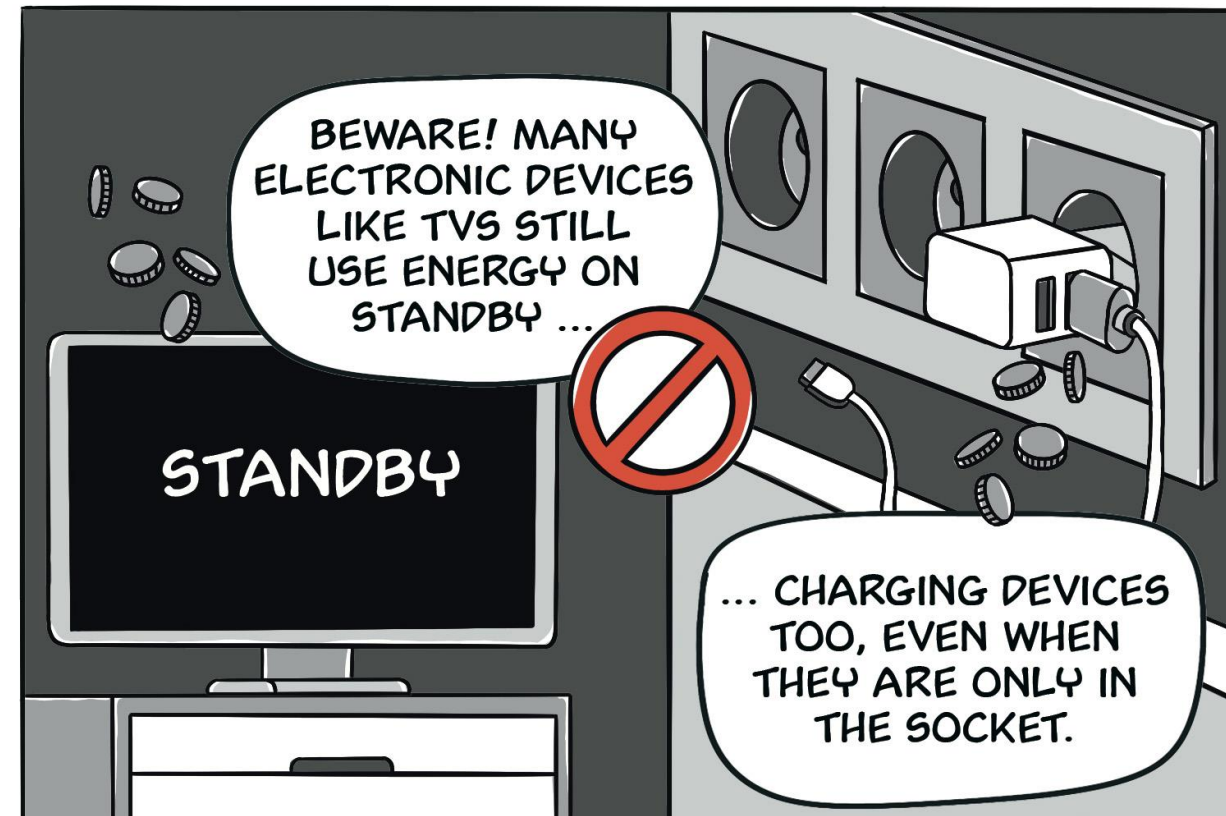
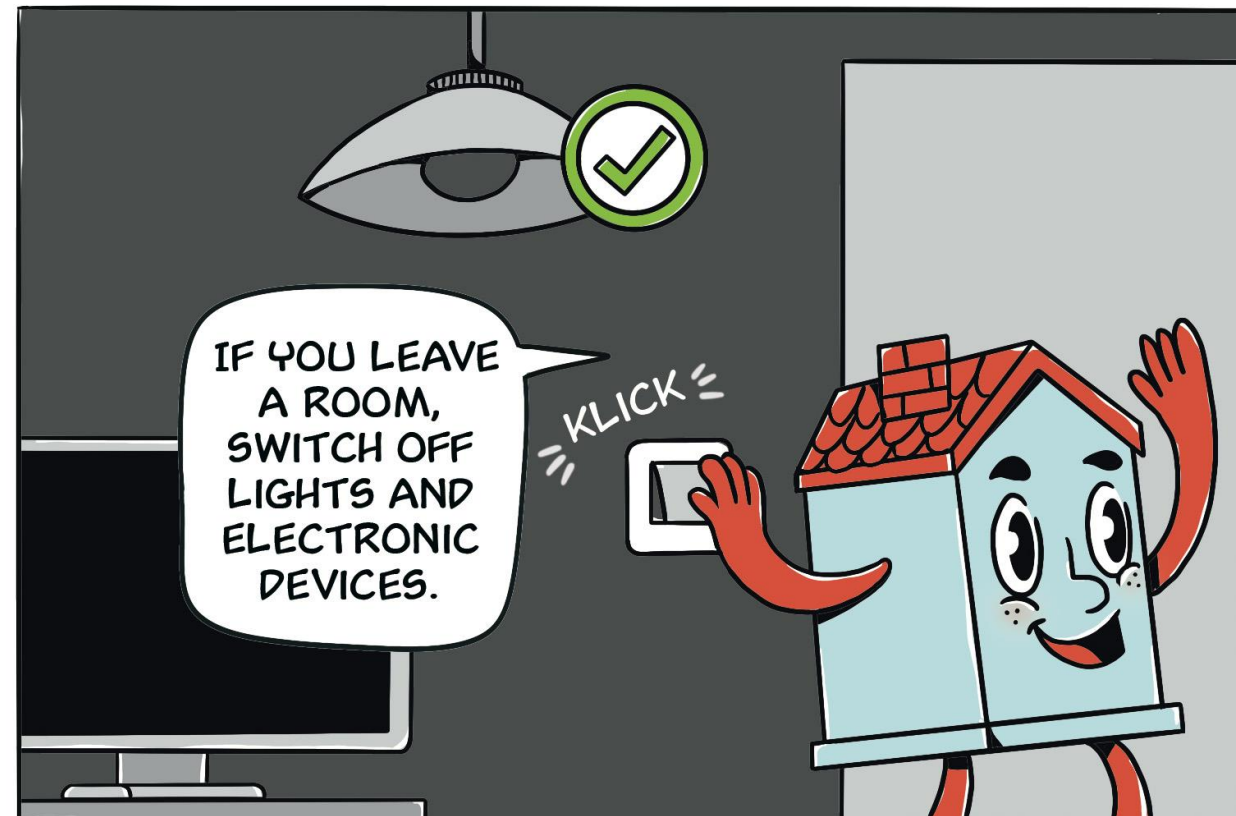


## 5. Never set radiators permanently to 0





## 6. Switch off lights and devices



## 7. Know which appliances use a lot of energy

